



**NOTTINGHAM CITY COUNCIL
CHILDREN'S PARTNERSHIP BOARD**

MINUTES of the meeting held at LB 31-32 - Loxley House, Station Street, Nottingham, NG2 3NG on 20 March 2019 from 4.00 pm - 5.45 pm

✓	Cllr Mellen	Portfolio Holder for Early Intervention and Early Years, NCC
✓	Cllr Khan	Portfolio Holder for Education and Skills, NCC
✓	Andrea Baxter	Nottinghamshire Police Representative
	Helen Blackman	Director of Children's Integrated Services, NCC
✓	Nichola Bramhall	NHS Nottingham Clinical Commissioning Group Representative
✓	Nicky Bridges	Primary Schools' Representative
	Julie Burton	Senior Operational Support Manager, National Probation Service Nottinghamshire
	Zoe Butler	Further Education Representative
✓	Karla Capstick	Small Steps Big Changes Representative
✓	Helene Denness	Public Health Representative, NCC
	Sarah Fielding	Nottingham Schools Trust and Virtual School representative
✓	Sue Fielding	Department for Work and Pensions Representative
	Derek Hobbs (Nottingham Emmanuel School)	Secondary Schools' Representative
	Nick Lee	Director of Education, NCC
✓	Scott Mason (Rosslyn School)	Primary Schools' Representative
	Stephen McLaren	Voluntary Sector Representative
	Alison Michalska	Corporate Director for Children and Adults, NCC
	Toni Price	Community Engagement Representative, NCC
	Claire Perry	Voluntary Sector Representative
✓	Jon Rea	Engagement and Participation Lead Officer, NCC
✓		Representatives for Young People (Youth Cabinet)
	Sophie Russell	Head of Children's Strategy and Improvement, NCC
	David Stewart (Oakfield School)	Special Schools' Representative
✓	Tracy Tyrell	Nottingham CityCare Partnership Representative
✓	Chris Wallbanks	Head of Commissioning, NCC
	Maria Ward	School Governor Representative

	John Yarham	Chief Executive of Futures Advice, Skills and Employment Ltd
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✓ Indicates present at meeting

Colleagues, partners and others in attendance:

- Julia Bramble - Service Manager, Early Help Services
- Tim Brown - Department for Work and Pensions
- Becky Cameron - Nottingham Community and Voluntary Service (Substitute for Stephen McLaren)
- Clive Chambers - Head of Safeguarding and Quality Assurance, NCC (Substitute for Alison Michalska)
- Rachel Clark - NCC
- Jacob Denness - MH2K Citizen Researcher
- Jane Garrard - Senior Governance Officer
- Rosie Gough - MH2K Citizen Researcher
- Emily Humphreys - Support Assistant for Children and Adults and Board Administration
- Jane Hyland - PSHE Healthy Schools Consultant, NCC
- Shelley Nicholls - Head of Early Help Services, NCC (Substitute for Helen Blackman)
- Charlotte Reading - NHS Clinical Commissioning Group

31 APOLOGIES FOR ABSENCE

- Helen Blackman
- Zoe Butler
- Sarah Fielding
- Derek Hobbs
- Nick Lee
- Stephen McLaren
- Alison Michalska
- Sophie Russell
- David Stewart
- Maria Ward

32 DECLARATIONS OF INTEREST

None

33 MINUTES AND MATTERS ARISING

The minutes of the meeting held on 19 December 2018 were confirmed as a true record and signed by the Chair.

34 MEMBERSHIP UPDATE

Emily Humphreys, Support Assistant Children and Adults Directorate, provided an update on changes in membership of the Children's Partnership Board.

RESOLVED to note that Sue Fielding has replaced Eva Barrett as the Department of Work and Pensions (DWP) Representative.

35 AN UPDATE ON CHILDREN AND YOUNG PEOPLE'S HEALTH AND WELLBEING IN THE CONTEXT OF NOTTINGHAM CITY'S CHILDREN AND YOUNG PEOPLE PLAN 2016-20

Helene Denness, Public Health Consultant for Nottingham City Council, delivered a presentation and report updating the Board on children and young people's health and wellbeing in the context of the Nottingham City Council's Children and Young People Plan 2016-20, with particular emphasis on smoking in pregnancy, obesity and emotional health and wellbeing.

The following points were highlighted:

Smoking whilst pregnant

- (a) Smoking whilst pregnant is dangerous for mother and child as it doubles the risk of still births, babies being born smaller, babies being malformed with cleft lips or squints, and other long-term health problems such as diabetes and obesity;
- (b) The 'Love Bump' campaign was launched in March 2019 to raise awareness of the dangers of smoking whilst pregnant as well as the benefits to mother and child of giving up smoking;
- (c) 'Conversation Cards' have been developed for GPs and midwives to hand to pregnant women if they need them;
- (d) The reasons why people smoke in pregnancy are complex, and it's hard to address the dangers of smoking to mothers when pregnant as they have so much else going on for them. It may also be dependent on if the mother's family smoke;
- (e) 17.2% of mothers in Nottingham smoke whilst pregnant, but this data doesn't capture those who smoke at other points in pregnancy. This is the fifth highest rate amongst Nottingham's statistical neighbours and significantly higher than the average for England;
- (f) NHS England funding has gone into two dedicated smoking in pregnancy posts, both on a fixed-term contract for 18 months;
- (g) A social media campaign for 'Love Bump' has been launched;
- (h) Community engagement has been taking place in the Aspley and Bulwell wards;
- (i) Packs for midwives and health visitors have been distributed;

- (j) The campaign is part of a wider 'healthy pregnancies' initiative to encourage healthy weight through a balanced diet, a strong support network, exercise and a healthy environment;

Children's obesity

- (k) In 2017/18, 26.7% of reception-aged children in Nottingham were classed as overweight or obese. This increases to 40.8% by Year 6;
- (l) Factors such as emotional issues and stress contribute to obesity;
- (m) Actions taken nationally to tackle childhood obesity include the Soft Drinks Industry Levy (SDIL), mandatory calorie labelling and ensuring new takeaways aren't opened near schools;
- (n) Locally, the 0-19 service is providing a Healthy Child Programme, a Healthy Weight Support Programme and targeted interventions with breastfeeding peer support, Healthy Start Vouchers, healthy weaning programme and Cook & Eat sessions;

Emotional health and wellbeing

- (o) Free Youth Mental Health First Aid (MHFA) training has been provided to schools in Nottingham with:
- 38 members of school staff attending the 2-day Youth MHFA;
 - 13 school staff trained on the 1-day Youth MHFA Champions course;
 - 37 schools now have at least 1 member of staff trained on one of the courses;
- (p) 250 members of the Children's Workforce, which includes youth workers, school nurses and social workers have been trained;
- (q) The Emotional Health and Resilience Charter was setup last year by a partnership of local services, including MH2K and the Youth Cabinet, who work with schools on mental health and emotional wellbeing. Schools sign up to the charter to demonstrate their commitment to promoting the mental health of their pupils and staff. The target is for 20 schools in Nottingham to sign up to the charter and 13 have signed up so far;
- (r) The Self-Harm Awareness and Research Project (SHARP) offer self-harm clinics in 20 secondary schools across the City of Nottingham including monthly workshops for children and young people on managing exam stress and managing self-harm. They also provide resources and recommendations for schools;
- (s) SHARP has provided free training to schools and 5300 frontline professionals;
- (t) MH2K has trained 30 citizen researchers to visit schools and organise events across Nottinghamshire to promote mental health awareness and wellbeing through conversations with young people. So far they have engaged with 500 of their peers;
- (u) The MH2K contract has been extended to 2020 with the aim of recruiting a new cohort of citizen researchers to deliver roadshows to reach 1000 young people. Leaflets and a short film have been produced to help with promotion.

Questions from the Board were responded to as follows:

- (v) It is difficult to link obesity to the use of food banks as the data doesn't exist;
- (w) There is still a stigma from staff and pupils around talking about mental health which needs to be challenged;
- (x) Stress can be caused by the pressures for good and excellent exam grades from the school;
- (y) It would be helpful for young people for schools to give good mental health priority over teaching;
- (z) There is a need for more advertisement and accessible places for pupils to access mental health support;
- (aa) Headteachers can provide strong leadership on this issue;
- (bb) Reduced budgets for schools means that it is a challenge to deliver mental health support.

RESOLVED to note the contents of the report and the presentation.

36 PARTNER UPDATE – NOTTINGHAM CITYCARE: GIVING NOTTINGHAM CHILDREN THE BEST START IN LIFE

Shelley Nicholls, Head of Early Help Services, and Tracy Tyrell, Nottingham CityCare Partnership Representative, provided an update to the Board on the CityCare Partnership.

The following points were highlighted:

- (a) Commissioning responsibilities were transferred from NHS England (NHSE) to the Local Authority in 2015;
- (b) The new integrated service delivery model is delivered jointly by Nottingham CityCare Partnership, Children's Public Health Nursing Service and Nottingham City Council's Early Help Team;
- (c) Universal and Early Help services for children 0-5 years are being integrated;
- (d) Local area teams have been created to align with the Local Area Committees and 8 Care Delivery Groups;
- (e) A shared outcomes framework helps to deliver evidenced based programmes;
- (f) The Joint Operational Group (JOG) is developing an Operational Change Programme Plan to ensure delivery of a fully integrated service by 2020. JOG reports to the Strategic System Change Board;

- (g) The People Workstream aims to create a unified 0-5s workforce to work with families, listening to parents and maintaining a whole family approach towards a child's development;
- (h) The Places Workstream identifies venues that are crucial to city-based services. This includes the mapping of venues to increase collaboration with Early Help and CityCare colleagues. The first phase of co-location has been undertaken and there is parental involvement in improving the quality of venues through satisfaction questionnaires in Early Help and CityCare venues;
- (i) The Practice Workstream delivers integrated, evidenced-based programmes such as Right Help at the Right Time Screening Meetings and the Family Support and Healthy Weight Pathways.

Questions from the Board were responded to as follows:

- (j) Satisfaction surveys with parents using the service have shown that it is accessible, welcoming and reflective of family needs;
- (k) This service could be a future template for other health and council services, for example, elderly people and schools;
- (l) It is important to make sure lessons are learnt and shared with other areas.

RESOVLED to note the update from Nottingham CityCare.

37 YOUTH CABINET AND PARTICIPATION STRATEGY

Jon Rea, Engagement and Participation Lead Officer, and the Representative of the Youth Cabinet presented a report to the Board on the activities of children and young people's participation groups as part of the Children and Young People (CYP) Participation Strategy.

The following points were highlighted:

- (a) The Participation in Governance programme fulfils the requirements of the Corporate Plan to involve children and young people in the Council's decision-making;
- (b) Decision-making has been focused around three areas; Learning and Earning (Autumn Term); Safe Lives, Positive Neighbourhoods, Smart City (Spring); and Healthy, Creative You (Summer);
- (c) 61 events have been organised this year and 1239 children and young people have participated, both above target;
- (d) The Youth Council meets once a term to discuss a theme, for example, work readiness and apprenticeships, with engagement from partners. It is aimed at 11-18 year olds and they come up with ideas for positive change;
- (e) The Children in Care Council is a monthly forum for children in care or who are care leavers aged 13-18. They work with colleagues on particular issues relating to them;

- (f) Primary Parliament, aimed at 8–13 year olds, meet twice per term to look at a theme and take ideas back to their classes for further development. A discussion on technology challenges of the future led to a range of green-themed projects to take back to schools. These included an air pollution-monitoring project supported by the Council's Clean Air team and Ignite! The results from this project were showcased at the Real Science in Schools Symposium during the Festival of Science and Curiosity 2019 (FOSAC19);
- (g) The Youth Cabinet is made up of 14 people aged 16-21 representing schools, colleges, universities, apprentices and the unemployed. They were consulted on the Council's budget for children and young people's services, as well as other issues such as tackling knife crime and the Metropolitan Growth Strategy. They also picked the winners of the Youth Achievement Awards and will be working with the Public Health Team on their healthy weight campaign;
- (h) Challenges in the future include getting more children and young people to participate in the Take Over Challenge, in which young people are presented the opportunity to shadow Councillors and Council staff in their work. If it is to take place next year, then it needs ownership from across the Partnership;
- (i) A review of the CYP Participation Strategy is proposed for 2019-2020, with the objective of refreshing the strategy to align with the new Corporate Plan, post-May 2020;
- (j) The Youth Council is looking to develop a partnership with both Nottingham universities, which will hopefully unlock valuable resources for both partners;
- (k) Future Youth Cabinet work includes campaigns around healthy weight, relationship and sex education, and emotional wellbeing. New dates for key events will be circulated in July to start in September.

Resolved to:

- (1) thank Jon Rea and the Representative of the Youth Cabinet for their attendance; and**
- (2) note the content of their update.**

38 OFSTED INSPECTION OF NOTTINGHAM CITY COUNCIL CHILDREN'S SERVICES

Clive Chambers, Head of Safeguarding and Quality Assurance, updated the Board on the findings of the Ofsted Inspection of Nottingham City Council Children's Services.

The following points were highlighted:

- (a) The overall outcome was that the service 'requires improvement';
- (b) Strengths of the service include:
 - Clear vision;
 - Respected and visible leadership;

- Strong staff commitment;
- Effective strategic partnerships;
- Strong responses to new and emerging issues;
- Recognition that Nottingham is a difficult place to work in;

(c) Improvements since the last inspection include the fostering service, children in care services and support for care leavers;

(d) Concerns have been raised about:

- The capacity of Social Workers to manage the high demands and complexity of need in the City;
- The capacity of front line and middle managers;
- The Virtual School that is not yet ensuring a good education for all children in care;
- Not all plans for children are clear enough as to what is expected of the family and not always progressed in a timely way;
- The number of young people detained overnight in Police cells;
- Levels of child and family poverty and resultant neglect;

(e) Areas for improvement include:

- Management oversight of private fostering;
- Quality of planning for children and their review;
- Timely action for children living with sustained neglect;
- Quality of management oversight and supervision of social workers to progress children's plans;
- Quality/consistency of return home interviews for children who go missing;
- Educational progress and achievement of children in care;
- Availability of sufficient and suitable emergency accommodation for vulnerable young people and children with complex needs;
- The progress and timeliness of permanence plans for children including fostering for adoption;

(f) The next steps involve:

- Improvement Plan developed and due to be submitted by March 2019;
- Ofsted Annual Challenge Conversation in May 2019;
- Preparing for a full inspection expected in next 3 years;
- The next inspection is likely to be the SEND Local Area Review by the end 2019/20.

Resolved to note the findings of the Ofsted Inspection.

39 FORWARD PLAN

RESOLVED to note the agreement of the Forward Plan by members.